UNC CFAR Social and Behavioral Science Research Core
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INSTRUMENT TITLE: *Treatment Adherence Self-Efficacy*

SOURCE ARTICLE: Barclay, T. R., Hinkin, C. H., Castellon, S. A., Mason, K. I., Reinhard, M. J., Marion, S. D., et al. (2007). Age-associated predictors of medication adherence in HIV-positive adults: Health beliefs, self-efficacy, and neurocognitive status. *Health Psychology,* 26(1), 40.

RESPONSE OPTIONS: Participants rate their responses to each question on a scale of 0 (not sure) to 10 (very sure), and the summation of these items serves as the total treatment adherence self-efficacy score.

SURVEY ITEMS:
1. How sure are you that you will be able to take most or all of your antiretroviral medication as directed?
2. How sure are you that you will be able to take most or all of your other medications for HIV, such as medications for treating or preventing opportunistic infections like pneumocystis pneumonia or cytomegalovirus, as directed?